

AUGUST 2022 – MEAL PROGRAMS & FOOD BANKS

* If you have questions about any of the meals or food banks, please contact the organization providing the meal or food bank. *

MEAL PROGRAMS	FOOD BANK LOCATION
<p>Ark Aid Street Mission First Baptist Church on Richmond Street for lunch and dinner. Monday to Friday Lunch from 1-2:30pm, Community Meal 5:30-6:30pm, Weekends Dinner only 5:30 - 6:30pm For additional dates and times contact the ARK Aid 667-0322</p> <p>Calvary United Church 290 Ridout Street South @ Garfield Avenue</p> <p>Church of the Ascension 2060 Dundas Street (between Speight & Carlyle)</p> <p>Dundas Street Centre United Church 482 Dundas Street @ Maitland Street</p> <p>Elmwood Presbyterian Church 111 Elmwood Avenue East @ Cathcart Street</p> <p>First Baptist Church 568 Richmond Street @ Albert Street</p> <p>Hyatt Mosque - Muslim Soup Kitchen 282 Hamilton Road @ Little Hill Street</p> <p>London Youth for Christ - Streetlight Bus 568 Richmond Street @ First Baptist Church</p> <p>London Coffee House 371 Hamilton Road</p> <p>My Sister's Place - Women's Only Program 566 Dundas Street (between William & Adelaide)</p> <p>Rowntree Memorial United Church 156 Elliot Street @ Cheapside Street</p> <p>Salvation Army - Centre of Hope 281 Wellington Street @ Horton Street</p> <p>Salvation Army - London Citadel (Operation Mobilizing Hope) 555 Springbank Drive @ Berkshire Drive</p> <p>Salvation Army - Westminster Park Community Church 1190 Southdale Road East @ Millbank Drive</p> <p>Salvation Army – Hillcrest Community Church 310 Vest Road</p> <p>Springbank Catholic Family of Parishes St. John the Divine Parish @ 390 Baseline Road West</p> <p>St. Andrew Memorial Church 55 Foxbar Road @ Wellington Road</p> <p>St. Francis - St. Martin Catholic Parish 46 Cathcart Street @ Duchess Avenue</p> <p>St. George's Anglican Church 227 Wharncliffe Road North @ St. Patrick Street</p> <p>St. James Westminster Church 115 Askin Street @ Wortley Road</p> <p>St. Joseph's Hospitality Centre Moving from 707 Dundas St. Last day of service is July 28th. Grand opening of St Joe's Cafe at 602 Queens starting August 15th. 9:30am-11am (breakfast) & 12pm-2pm (lunch)</p> <p>St. John the Evangelist Anglican Church 280 St. James Street @ Wellington Street</p> <p>St. Luke's Anglican Church 1204 Richmond Street North @ Bernard Avenue</p> <p>St. Michael's Catholic Parish 511 Cheapside Street @ Maitland Street</p> <p>St. Paul's Anglican Cathedral 472 Richmond Street @ Queens Avenue</p> <p>The Church of St. Jude 1537 Adelaide Street North @ Fanshawe Park Road East</p> <p>Trinity United Church 76 Doulton Street @ Hale Street</p> <p>Wesley-Knox United Church 91 Askin Street @ Teresa Street</p> <p>Youth Action Centre 332 Richmond Street @ York Street</p> <p>Supporting Organizations Coordinating Meal Programs: St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, St. Michael's Roman Catholic Church*, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre) *The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospitality which includes Colborne United, New St. James Presbyterian, St. Michael's Catholic, and Trinity Lutheran churches.</p>	<p>Chalmers Presbyterian Church 342 Pond Mills Rd. at Commissioners Rd. E, Wednesdays: 12:30pm-1:30pm Residents of the area only, appointment required, call 519-681-7242.</p> <p>Crouch Neighbourhood Resource Centre The Crouch Community Food Cupboard now open Tuesday - Friday from 9 am to 4 pm. Food, hygiene and baby items are available.</p> <p>ELUCO (Gethsemane Gardens) 1461 Huron St. (at Sanford St.), Wednesday, Friday: 9:30am-12pm Appointment required, 519-451-0600 (for area residents only)</p> <p>Families First CAPC White Oaks (South London Community Centre) 1119 Jaina Blvd. Monday - Friday: 10am-3pm</p> <p>Families First CAPC Westminster Family Centre Westminster 690 Osgood Drive, Monday - Friday: 9am-12pm - Call first: 519-649-1248</p> <p>Fanshawe College - Student Sharing Shop 1460 Oxford St. E., Room B1050 @ First Ave., Mon-Fri: 9am-4pm. College students only. Note: if The Student Sharing Shop is closed please go to the Student Success Centre at Room F2010 for assistance.</p> <p>Glen Carin Community Resource Centre EMERGENCY FOOD KITS AVAILABLE 244 Adelaide St S (Between Thompson and Commissioners) Centre Market Open Monday, Tuesday and Thursday 9:30am-3:30pm. Must Provide proper ID (Drivers License, Health card or ODS/OW paperwork for all that live within the home. Bread available provided by Holy Trinity St. Stephen's Memorial Anglican Church. Please call 519-668-2745 or email reception@gccrc.ca for more info.</p> <p>London and Area Food Bank *Permitted postal code areas only for each depot* 926 Leathorne at Adelaide, 519-659-4045, Mon-Fri: 9am-4pm</p> <p>LUSO Community Services – Emergency Food Support Service 1. LUSO Community Resource Portable – 1100 Victoria Drive Tuesday & Thursday 8:30am-12pm, Wednesday 1:30-4:30 2. LUSO Main Office - 1193 Oxford St. East. – available by drop-in or call in advance for pickup (519-452-1466) *Each household either access the portable or office location once a month (not both). *Must bring valid ID for all household members and proof of income.</p> <p>Satellite London Food Bank Locations (you <i>may not</i> visit both the main and satellite locations) 1. <i>Argyle Food Depot</i>, (Richards Memorial United Church, Clarke Road entrance, across from Argyle Mall), 10am-3pm (2nd Thursday), N5V, N5W CLOSED UNTIL FURTHER NOTICE 2. <i>NE Food Bank Depot @ various locations in NE London</i> (every Wednesday & Friday), clients have to register for an appt to pick-up food (call LUSO 519-452-1466 or email community@lusocentre.org), N5V & N5Y & N5W 3. <i>St. George's Anglican Church</i>, 227 Wharncliffe Rd. N, 11:30am-1:30pm (3rd Friday), N6A, N6C, N6H, N6J 4. <i>NW Food Bank Depot @ Northwest London Resource Centre</i>, 1225 Wonderland Rd. N c/o Sherwood Forest Library, 10am- 3:30pm (3rd Tuesday), N6G, N6H 5. <i>Crouch Food Bank Depot</i>, 209 Egerton St., Fridays 1:30-3:30pm, drop-in</p> <p>Northwest London Resource Centre Emergency Food Cupboard 27A - 1225 Wonderland Rd. N, Open Monday-Friday 10am-3pm (for residents of N6G and N6H). Call 519-471-8444, email info@nwlr.ca, or visit nwlr.ca</p> <p>Society of St Vincent de Paul - Food Vouchers Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.</p> <p>South London Neighbourhood Resource Centre Neighbourhood Food Bank Once a month visits, clients can access this service once a month and must bring a valid piece of ID for everyone in the family.</p> <p>Springbank Catholic Family of Parishes Now serving hot meal, dine-in every Thursday, 5pm-7pm at St. John the Divine Parish @ 390 Baseline Road West</p> <p>St. Paul's Social Services Food Bank Now serving dine-in meals @ St. John the Evangelist, 280 St. James Street Thursdays: 11:30am-12:30pm (excluding holidays) *Baby Food is available*</p> <p>The Salvation Army London Community and Family Services The Salvation Army is open Monday – Friday – 9am-3pm at the following locations: Monday – 1190 Southdale Road E Tuesday – 555 Springbank Drive Wednesday – 281 Wellington Street* Thursday – 310 Vesta Road Friday – 310 Vesta Road Contact No.: 519-660-5884, You may visit one location / month; up to 9 visits / year. No appointments necessary. Please bring ID to every visit. *Note: The Food Bank at the Centre of Hope is open 1 day/week. Starting September 1, serving only for the N6B postal code area.</p> <p>Western University - USC Food Bank (university students only) 24-hour anonymous "food hamper" system. E-mail usc.foodbank@uwo.ca to request a hamper. Locker number and combination provided to pick up the food hamper. Baby food and food vouchers are available.</p> <p>Western University - PSAC Local 610 Food Bank For unit 1 and 2 members of PSAC Local 610 only Grocery store vouchers provided to members in need. Application available at www.psac610.ca/benefits-1</p> <p>White Oaks United Church 1901 Jaina Blvd. @ Southdale Rd. E. CLOSED UNTIL FURTHER NOTICE Monday and Wednesday: 1pm-3pm, Saturday: 10am-12pm Residents of the area only, call 519-681-3229.</p> <p>Youth Action Centre 332 Richmond St. @ York St., 226-777-0116 ext. 3 Food bank offered on the 15th of the month @ 3pm for youth 16-24yrs.</p>